



# St. Paulinus Catholic Primary Academy

Part of the Blessed Peter Snow Catholic Academy Trust
"Inspiring all to live, learn and love in the light of Jesus."

of John 8:12)



# ST PAULINUS 'WEEKLY NEWS'

Spring Term 1, Week 4

2<sup>nd</sup> February 2024

# Head's welcome

Our Virtue to live by for next week is:
Simplicity

What a lovely Friday it has been, the children have been practising all week for Candlemas and as always the singing and presentations were wonderful! Thank you to all our visitors who came to see us.

Next week is the last week before the half term holidays and children's mental health week. This is a good week to talk to your child/ren about how we can keep our bodies and minds healthy by talking to each other especially when we have a problem, getting a good sleep, being active and eating well. All these things will help us feel positive. It is also a good time to talk to your child about how everyone has problems or faces difficulties throughout their lives and this is perfectly normal - in school we will be talking about different techniques children can use when they face a negative emotion or event, perhaps they could tell you about what they have learnt too!

Have a wonderful weekend everyone, and I will see you all on Monday,

Miss Hayes

#### **Eurovision Winners**



What a fabulous night we had last Friday at our St. Paulinus Eurovision. All the performers were amazing and had put a lot of effort into learning their songs and dance routines! Thank you to all the staff, especially Mrs. Moore, who all gave up their Friday evening to support the children.





1/2C won the KS1 competition singing "Agadoo" by Black Lace and 6S won the KS2 competition singing "Working 9 to 5" by Dolly Parton.

A fabulous total of £ 930.00 was raised for school funds.

#### **Attendance**

Last week our whole school attendance overall was 91.05%, and attendance so far 94.90%

We have a zero-tolerance policy on parents taking their children out of school to go on holiday, penalty notices will be issued. If your child is absent for 5 days or more you will need to provide proof of illness.

Attending school on time and every day is such an important part of your child's learning process.

Last week's	KS1 -	N-EYCJ:	84.4%	N-EYR:	88.0%	R-EYCJ:	91.2%	R-EYR:	74.3%
class			88.9%	1/2C:	93.7%	1/2T:	85.0%		
attendance:	KS2 -	3J:	87.8%	3W:	97.7%	4H:	87.9%	4SI:	93.5%
		5T·	07 00/	<b>5</b> \//	O2 O0/	БП	06 60/	60.	04.40/

For their attendance last week, the winners **3W** will receive a treasure chest of goodies to share in class.

Guidance for Parents: https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/

'An outstanding school, which is deeply committed to the Catholic mission... this school inspires all within this faith community to live life to the full.' Ofsted 2017

Tel: (01924) 488282 E-mail: office@stpaulinus.org Website: www.stpaulinuscps.org.uk

## 5th Sunday of Ordinary Time, Year B

#### **SHARING GOD's GOSPEL**



On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them. That evening, after sunset, they brought to him all who were sick. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast our many evil spirits, but he would not allow them to speak, because they knew who he was. In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there.

"Prayer is certainly the most wonderful medicine in the world." St. Hyacinth



Reminder to consider buying books for your children from here. School has earned £23 so far to spend on books for our pupils.

Buy from our bookstore and 25% of the cover price will be given to a school of your choice to buy more books. \*15% of eBooks

## **Reading Matters**

- Over the last two decades, there has been a deepening recognition of the fundamental importance of improving reading standards on a child's future academic achievement, wellbeing and success in life.
- Reading and writing is the key to unlocking the rest of the curriculum.
- Fluency of reading is also a key indicator for future success in further education, higher education and employment.
- Even more significantly, being a highly engaged reader has the potential to allow a child to overcome their background.
- Inspiring a love of books is one of the best ways to prepare children for a lifetime of learning, encouraging enjoyment of books and creating curious and engaged readers for life.

#### **Mental Health Benefits**

- Research from the National Literacy Trust has shown us that children and young people who like to read are
  three times more likely to have better mental health than those who don't.
- Reading for just 10 minutes a day can have astonishing benefits.
- Losing yourself in a good book has been shown to reduce your levels of stress.
- Research by Dr David Lewis showed that reading as little as six minutes a day can reduce stress levels by 60% by reducing your heart rate, easing muscle tension and altering your state of mind.
- That same study showed that reading was better at reducing stress than music, drinking a cup of tea, going for a walk and playing video games..

# **EYFSU - Fire Engine Visit**

EYFS were very lucky to have Green Watch from Dewsbury fire station this morning. We had the chance to go in the fire engine, look at their equipment, have a go with the hose and listen to the very loud sirens.











### Time to Talk Day

On Thursday, we celebrated 'Time to Talk Day across school. This was an event run by the charities 'MIND' and 'Rethink Mental Illness.' Time to Talk Day is the nation's biggest mental health conversation. Happening every year, it is a day when children (and adults) can come together to talk, listen, and change lives.

1 in 4 of us will experience a mental health problem in any given year so we want everyone to feel comfortable talking about mental health – whenever they like.

Recent research shows how important open conversations in communities are to support everyone's mental wellbeing.

The children completed a number of games and activities specifically designed to promote these positive conversations.











# **NSPCC Number Day**



I have seen some fantastic activities and outfits around school today. Well done to Year 3 code breakers and Year 5 for turning a P.E. lesson into active Maths!

Thank you to all who donated. We will send this to the NSPCC as soon as possible.











# Year 6 Sacrament of Confirmation

Congratulations to 8 of our young parishioners from St. Paulinus who were confirmed by Bishop Marcus at Holy Spirit church. It was a lovely celebration and the children were sealed with the Gift of The Holy Spirit.



## \*\*\*\*\*\* Add these dates to your Diarv Monday 5 - Friday 9 Children's Mental **Health Week February Tuesday 6 February Safer Internet Day** \*\*\*\*\*\*\*\*\* Friday 9 February Leaving school after lunch **Young Voices Concert** Return to school @ 22:00 Friday 9 February FofSP KS2 Valentine's Disco 18:00 - 20:00 Monday 12 - Friday 16 **Spring Half Term February Holidays Monday 19 February School re-opens** Wednesday 21 February Year 6 Lenten Bun Sale Year 5 Parents Invite: Wednesday 21 February Parent Workshop 15:20 - 15:45 (More info to follow) Wednesday 28 February **Year 5 Lenten Bun Sale** Wednesday 6 March Year 4 Lenten Bun Sale **World Book Day**

# Safeguarding

\*\*\*\*\*\*\*\*

'Non-Uniform Day'

**Thursday 7 March** 

If you ever feel any child is at risk, please contact our Child Protection Officers: Miss Hayes, Mrs. Davies, Mrs. McHale, Mr. Hutton, Mrs. Beirne, Miss Regan, Mrs. Oakley, Mrs. Watt, Mrs. Agib, Mr. Regan or ring Duty and Advice on 01484 456848, in confidence. Thank you.

# **School Calendar** 2023/2024

2023/2024								
Term 2 - Sprin	16 19 22 15 16 17							
Start	Tues. 9 Jan. 2024							
Half Term	Mon. 12 Feb Fri. 16 Feb. 2024							
Restart	Mon. 19 Feb. 2024							
End of Term	Fri. 22 Mar. 2024							
Term 3 - Sumi	mer							
Start	Mon. 8 Apr. 2024							
Half Term	Mon. 27 May - Fri. 31 May 2024							
Restart	Mon. 3 June 2024							
End of Term	Fri. 19 July 2024							
Occasional Days - School closed								
INSET Day	Thurs. 2 May 2024 (Polling Station)							
May Day	Mon. 6 May 2024							



Wednesday 13 March Year 3 EYU & KSI Friday 15 March

nose of you that don't know, during Lent the children bs s / cakes at home, and then bring them into school to s during the morning playtime. They also do colouring competitions and name the teddy, etc.

Please provide your child with some money: Minimum amount of 20 p

Maximum amount of £ 2.00







